

Trek 2026 Ma/Pa Family Packing List

Please bring these items to be used by your Trek family. Please label all items

- ☐ Two 5-gallon water jugs
- ☐ Large cooler (approximately 48 qt similar to this) for lunches

- ☐ 2 portable lanterns (battery operated)
- ☐ Hammer (for tent stakes)
- ☐ Duct tape
- ☐ Scissors
- ☐ Spray bottles for keeping kids cool
- ☐ Rope (at least 8 ft long to tie to handcart and hang water bottles from)
- ☐ 4-6 Bungee cords (for securing water jugs to handcart)
- ☐ Sunscreen (not aerosol)
- ☐ Tarp to sit on for lunch, privacy for ad hoc nature calls along the trail, and other shelter needs
- ☐ Soft sided backpacks or medium duffle bag to hold these items while on the trail

Please pack everything except the water jugs **inside the coolers** to be transported on the buses, then while the coolers are in use, place items inside the backpack/duffle bag to go inside the handcarts

The stake will now be providing the following for each family:

First aid kit, baby powder/anti-chafing aid, toilet paper and supplies for trailside pit stops, feminine products and single use soap sheets for hand washing.